



AN EVENT TO REMEMBER

Elmwood Spa
Canada's Favourite Urban Oasis

terrace
RESTAURANT

BANGKOK
GARDEN

elmspa



Elmwood Spa
Canada's Favourite Urban Oasis

terrace
RESTAURANT

18 Elm Street
Toronto, Ontario M5G 1G7
416.977.6751
elmwoodspa.com
groups@elmwoodspa.com



WHIRLPOOL - WOMEN'S CHANGE ROOM



SWIMMING POOL AREA



SAPPHIRE COUPLES SUITE

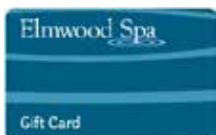
Elmwood Spa Events

Where creativity meets wellness.

Elmwood Spa is the largest stand-alone day spa in Canada catering to women and men who seek stress relief and relaxation in a serene atmosphere. Located in a landmark historic five-story building in downtown Toronto, with 40,000 square feet of elegant space, our Group Event Programs offer engaging opportunities for innovation and creativity.

Groups of up to 200 have used Elmwood Spa for team building events, new product launches, press conferences, networking events and seasonal parties.

- 34 treatment rooms
- Two licensed restaurants: Terrace Restaurant for Gourmet cuisine and Bangkok Garden for Thai cuisine.
- Water Therapies™ (co-ed swimming pool, whirlpool, steam rooms and pool-side lounge); women's and men's change room feature a steam room with an additional whirlpool in the women's change room.
- Steps from Yonge & Dundas Square; parking and subway nearby.
- Juice Bar
- Licensed Mani/Pedi Lounge
- Wide array of services including massage, all performed by Registered Massage Therapists, Facials, Manicures, Pedicures, Body Treatments and more.



Gift Cards are the perfect choice to show your thanks and appreciation to employees, clients and friends. Purchase 10 Gift Cards of the same à la carte spa services(s) or equal dollar value and receive **one complimentary Gift Card** of the same value.





Popular Group Packages

The more, the merrier. Our group packages are designed to invigorate, rejuvenate and relax groups of 10 or more. These packages not only put your mind, body and spirit to rest, but also bring peers and loved ones closer together through the Elmwood Spa experience.

PERKS: All guests receive complimentary access to our Water Therapies™ (swimming pool, whirlpool & steam rooms) with any massage, facial, body treatment or services over \$100.

RMT: Elmwood Spa employs an outstanding team of over 60 Registered Massage Therapists to perform therapeutic massage services. Insurance receipts can be provided.

PAMPER & POLISH

3.5 hours • \$245 PP value \$264

with lunch • \$283 PP value \$302

Water Therapies, 3 course Lunch, ElmLine Essential Manicure, ElmLine Essential Pedicure; and choice of: 50 min Swedish Massage, Essential Enhanced Facial or 50 min Body Scrub.

ELMWOOD ESCAPE

4.5 hours • \$370 PP value \$399

with lunch • \$408 PP value \$437

- Water Therapies™
- 50 min Swedish Massage
- ElmLine Essential Facial
- ElmLine Essential Manicure & Pedicure

* All group promotions and packages apply to a minimum of 10 guests. Cannot be combined with any other offers, certificates or discounts. 15% gratuity for all spa services and food & beverage services and all applicable taxes will be automatically added to your bill.



Mani Pedi Group Packages

Our newly renovated + licensed space is perfect for group events. Featuring 12 manicure and 12 pedicure chairs, gourmet snacks, smoothies, wine and cocktails plus a small hair salon.

Have the perfect day – the Elmwood Way.

Packages include complimentary Water Therapies™ (swimming pool, whirlpool, steam rooms) and pool-side lounge.

SERENITY PACKAGE 4 hrs • \$139
(value \$152)

Water Therapies™
ElmLine Essential Manicure & Essential Pedicure
3 course lunch at the Terrace Restaurant

Tax + gratuity not included.



PRESENTATION SET-UP



TERRACE RESTAURANT MAIN DINING ROOM

Terrace Restaurant & Greenhouse Room

Dine in our licensed fourth floor Terrace Restaurant with outdoor patio where guests can dine in their spa robe. Available for lunch daily and privately for group meetings, breakfasts, dinners, cocktail receptions and more. With its own kitchen, food is fresh, prepared à la minute, and the menu serves up healthy (and decadent) choices to suit every taste. Ideal for cocktail receptions and for use as a meeting room. Below are some options your group can enjoy.

- A 3 course lunch for \$38, menus can be customized to suit your needs.
- Bangkok Garden dinner is available in the Terrace Restaurant for private group bookings
- Book out the entire spa for your organization for an evening.
- Use the entire 4th floor for service samplers combined with a cocktail party or business networking event in the Terrace Restaurant (and patio weather permitting).
- Host your meeting at the Terrace Restaurant; seats 30 - 40 theatre style, and have lunch downstairs at Bangkok Garden, preceded or followed by spa services.
- Enjoy private dining (for 12) in the Greenhouse Room, preceded or followed by spa services. Perfect for board meetings.

	SQ. FT.	TABLES	RECEPTION	CLASSROOM	THEATRE
PATIO (SEASONAL)	286	16	20	N/A	N/A
GREENHOUSE	207	8	20	12	20
DINING ROOM	384	40	80	30	65

REWARD YOUR EMPLOYEES

Purchase 10 Elmwood Spa or Bangkok Garden Gift Cards and receive 1 Free* of equal value.



terrace SEASONAL MENU
RESTAURANT PRIX FIXE \$38 OR À LA CARTE

APPETIZERS | 10

Soup of the Day

Crispy Calamari

Lemon aioli

Parmesan Cauliflower ●

Romesco sauce, lime aioli

Spinach Salad ●

Roasted butternut squash, goat cheese, blueberries, dried cranberries, pumpkin seeds, shallot vinaigrette

ENTRÉE | 23

Elm Burger

Sesame seed bun, aged cheddar, caramelized onions, Sriracha aioli, lettuce, tomato, sea salt fries

Muscovy Duck

Parsnip purée, braised red cabbage, honey chips

Blackened Salmon ● ●

Pan seared, maple bourbon glaze, garlic French beans

Braised Short Rib

Red wine sauce, potato mash, garlic green beans, sweet potato chips

Mushroom Quinoa Risotto ●

Roasted mushroom purée, sautéed mushrooms, shaved parmesan

Cauliflower Quinoa Risotto ●

Roasted cauliflower purée

DESSERT | 10

Cobbler Cheesecake ●

Bourbon soaked peaches, pecans

Flourless Chocolate Torte ● ●

Raspberries, white chocolate

Fruit Plate ●

Selection of seasonal fruit

SIDES | 6

Soup of the Day | Sweet Potato Fries | Sea Salt Fries ●

● Gluten Free ● Dairy-free ● Vegan ● Vegetarian

Please inform your server of any allergies and we will do our best to accommodate them, however we are unable to guarantee an allergen free environment. **Our team will be happy to provide options to accommodate dietary needs or restrictions. Additional charges apply for side orders, substitutions and beverages.** Please refrain from speaking on your mobile device to ensure a tranquil environment.

Bangkok Garden Authentic Thai Buffet served in the Terrace Restaurant

Enjoy an assortment of appetizers, soup or salad, curries, phad thai, noodle dishes and stir-fries. Includes a selection of Passed Hors D'oeuvres.

- Starting at \$49 per person
- Accommodates 60 people (*minimum spend applies*)
- Menu can be tailored to your groups culinary preferences



\$49 PER PERSON

APPETIZERS

Chicken Satay
Shrimp Rolls
Spring Rolls
Fresh Rolls
Chicken Wings

SOUP OR SALAD

Mango Salad
Bean Salad
Thai Vegetable Soup

ENTRÉES

Chicken Phad Thai
Anytime Noodle
Palace Garden Stir-Fry
Spicy Tofu
Mango Chicken
Shrimp & Cashew Stir-Fry
Spicy Fish
Red Curry Chicken
Yellow Chicken Curry
Emerald Curry

DESSERT

Assorted Fresh Fruit and Home-made Thai Desserts



18 Elm Street
Toronto, Ontario M5G 1G7
416.977.6748
bangkokgarden.ca

Sara McCoshen
Senior Manager, Food & Beverage
Phone: 416-964-4525 xt 4204
Email: smccoshen@bangkokgarden.ca



MAIN DINING ROOM

Welcome to Bangkok Garden

Bangkok Garden was the first restaurant to bring traditional Thai cuisine and culture to Toronto over 35 years ago, and is acclaimed as one of North America's premier Thai restaurants.

The main dining room is lushly decorated in teak imported from Thailand, with several pieces of statuary throughout the restaurant reflect popular Thai mythology.

Bangkok Garden received the 'Thai Select Premium' designation by Thailand's Ministry of Commerce, recognizing Thai restaurants with a rating of 5 stars or higher that serve premium quality, authentic Thai food, provide outstanding service and a Thai ambiance.

bangkokgarden.ca



Fully Customize Your Event:

- Sharing style menus
- Cocktail events with passed canapés
- Interactive Food Stations
- Award Winning Buffet & Noodle Bar
- Themed Custom Menus
- Vegetarian, Vegan and Gluten Free selections
- Capacity up to 200 guests
- Central downtown location; two blocks north of Dundas, between Yonge and Bay.
- Easy access to public transit and parking
- On-site event planner



Did You Know?

Our landmark historic building is also home to Elmwood Spa. You can book a private dinner event in the Terrace Restaurant and choose from International or Thai cuisine. This intimate space is suitable for private events of up to 70 guests.

Event Packages



Customize to make your event memorable

- Capacity of up to 200 guests
- Perfect for corporate events, weddings, private cocktail receptions and more
- Central downtown location

Contact:

Sara McCoshen, Senior Manager, Food & Beverage
416-646-0104 | smccoshen@bangkokgarden.ca

Platter/Family Style Menu

starting at \$35 per person

Enjoy fresh made salads, soups, stir-fries, curries, and noodledishes, served platter style. Minimum spend applicable.

Interactive Food Stations

+ Passed Appetizers

starting at \$60 per person

Interactive stations + passed appetizers can include: Noodle bar, Hot & Cold Appetizers, Phad Thai Boxes and customized curries. Minimum spend applicable.

Cocktail Party with Passed Appetizers

starting at \$40 per person

Assortment of appetizers, including satays, calamari, spring rolls and chicken wings.

Lunch Buffet

\$17.95 per person

An interactive dining experience, perfect for large and small groups with time constraints. Includes Noodle Bar. No minimum spend.





Catering Menu

PLACING A LARGE ORDER?

Make your event or business meeting one to remember with Authentic Thai Cuisine from Bangkok Garden. Enjoy a selection of appetizers, entrées and desserts, including vegetarian, gluten free and vegan items.

For inquiries, please contact Sara McCoshen at 416-646-0104 or smccoshen@bangkokgarden.ca

18 Elm Street | bangkokgarden.ca | *Delivery charges and taxes apply.*

LUNCH

\$17 per person — 11:00 am–3:00 pm Mondays to Fridays | 20+ guests | pick-up only

Appetizers *choose two*

- Spring Rolls
- Fresh Rolls
- Mango Salad



Entrées *choose two:*

- Mango Chicken
- Basil Beef
- Vegetable Phad Thai
- Anytime Noodle
- Green Curry (Beef, Chicken or Vegetable)
- Red Curry (Beef, Chicken or Vegetable)

All include steamed Jasmine rice.



Dessert *choose two:*

- Fresh Fruit Platter
- Banana Fritters

DINNER

\$30 per person — 4:00 pm–10:00 pm Mondays to Sundays | 20+ guests | pick-up only

Appetizers *choose two:*

- Chicken Wings (2 each)
- Tiger Shrimp Rolls
- Satays (Beef or Chicken)
- Spring Rolls



Entrées *choose two:*

- Grilled Spicy Garlic Beef
- Pattaya Grilled Chicken
- Tamarind Beef Curry
- Pineapple Shrimp Curry
- Warriors Curry
- Chicken & Shrimp Phad Thai
- Bangkok Noodle with Chicken & Shrimp
- Thai Noodle with Chicken & Shrimp

All include steamed Jasmine rice & vegetable stir fry.



Dessert *choose two:*

- Fresh Fruit Platter
- Banana & Sweet Potato Fritters





Booking Policies & FAQ's

BOOKING POLICIES

Groups are a guaranteed minimum of 10 people, unless otherwise noted in the Event Contract.

A deposit will be required along with a signed contract to confirm your booking.

The deposit amount will be processed upon receipt and will be credited to your final bill. The deposit is non-refundable.

CANCELLATIONS

We require 3 weeks (21 days) notice to cancel any group booking without penalty. For cancellations made 15–20 days prior to the scheduled event date, all deposits will be forfeited. If cancellation occurs within 14 days prior to your event, full payment (100%) for services, food and beverages is required.

FREQUENTLY ASKED QUESTIONS

Is there a charge to use the space?

There is no charge, provided the minimum food and beverage expenditure is met.

Do you supply audio-visual equipment?

We have a screen and projector on site, which can be used at a minimal fee. We also have a preferred supplier for any audio visual requirements.

What items are included?

Candles, tables, chairs and printed menus.

How are beverage costs managed?

All beverages are charged based on consumption, plus gratuities and applicable taxes.

Is parking available?

Please inquire with a contact centre representative or on our website for detailed parking information.



Sara McCoshen, Senior Manager, Food & Beverage
Phone: 416-964-4525 xt 4204 Direct: 416-646-0104
Email: smccoshen@bangkokgarden.ca



elmspa

557 Church Street, 3rd Floor
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416.964.4500
elmspa.ca
groups@elmwoodspa.com



ELMSPA GARDEN TERRACE



Welcome to elmspa

elmspa is a hidden gem in the heart of Church/Wellesley Village, offering a one of a kind venue to meet your event needs. An offspring of the acclaimed Elmwood Spa, elmspa is easily accessible, situated just blocks away from Cabbagetown, Riverdale, Yorkville and Bloor Street in downtown Toronto.

elmspa has seven specialized treatment suites, each fashioned with the goal of developing an energy rich, environmentally responsive Feng Shui space. Natural woods and linens, recessed water features and Zen pebbles—the spas signature décor—creates a harmonious balance throughout the spa, to soothe the body and soul.

An enclosed garden balcony provides a lovely area for social gatherings, art openings, new product launches and corporate retreats—for large or small groups.

Exclusive hire can be arranged for a wide variety of events, including the following:

- Corporate Networking Events And Entertaining
- Team Building
- Product Launches And Preview Events
- Private Functions
- Filming Location
- Art Exhibitions





You are unique, your wedding should be too...

Weddings customized to your unique personality and taste making it a day that truly is your own.

elmspa

elmspa (557 Church Street) is a zen-inspired, boutique day spa located in Toronto's quaint Church-Wellesley Village, featuring a whimsical garden terrace, ideal for:

- Intimate wedding ceremonies
- Private cocktail receptions
- Corporate bookings
- Bridal Showers and Bachelorette Parties
- Product launches
- Networking/Social events

Base rental price: \$1,500

Includes:

- exclusive rental of venue
- a certified on-site wedding coordinator
- appropriate staffing
- basic décor (candles, ambient music etc.)

Additional rental items can be arranged at a cost.

Parking: Convenient parking is available in nearby lots, and street side

Capacity: 60 guests for standing reception, 35-45 for seated reception

Availability: Sunday – Wednesday. Evening rentals Friday - Saturday available by special request



Bangkok Garden (18 Elm Street), a short walk from elmspa, is acclaimed as one of North America's premier Thai restaurants. Awarded the "Thai Select Premium" designation by Thailand's Ministry of Commerce, this stunning venue is an ideal location to host groups of up to 100 guests for private reception dinners and 150 exotic cocktail gatherings.

BOOKING: call 416.977.6751 or email groups@elmwoodspa.com



Host a Private Event

VENUE

Capacity:

60 Guests - Standing Reception / 40 Guests - Sitting Reception
(Rental of chairs required)

Parking:

Nearby lots and street side

Base Rental:

\$1500 plus taxes and gratuities

Time:

4 -5 hours of exclusive venue rental (until 11:00pm Max)

Includes:

1-FOH staff member

Second Level Rental:

\$1800 plus taxes and gratuities

Time:

6 -7 hours of exclusive venue rental (until 12:00am Max)

Includes:

1-FOH staff member, 1- BOH staff member

Third Level Rental:

\$2000 plus taxes and gratuities

Time:

8 hours of exclusive venue rental (until 12:30am Max)

Includes:

1-FOH staff member, 1- BOH staff member

All packages include:

- Exclusive Rental of Venue
- Basic Décor (Candles, Fairy Lights, Ambient Music)
- (2) Cruiser Tables for Cocktail Reception (Additional tables incur rental fee).
- Wine glasses for up to 40 guests. Other glassware can be rented for a fee.

Audio Visual

elm spa works with a preferred vendor for music services. Other vendors are warmly welcomed.

FOOD & BEVERAGE

Alcohol

- Base fee for on-site bartender: \$70
- Choose (2) spirits and (4) mixes, plus (2) wine selections, (2) bottled beer selections
- Drink tickets available starting at \$7.00 plus taxes and gratuities (Wine, Beer, Bar Rail)
- **OR** Alcohol billed by consumption
- Host responsible for purchase of Special Occasion Permit (SOP)
\$75 plus taxes from City of Toronto

Catering

- Catering available from Terrace Restaurant or Bangkok Garden, starting at \$25 per person, plus applicable taxes and gratuities. Passed Hors D'oeuvres ONLY.
- Outside catering can be brought onto premises for base rate of \$200.

BOOKING

call 416.977.6751 or email groups@elmwoodspa.com

Policies & FAQ's

BOOKING POLICIES

Groups are a guaranteed minimum of 10 people, unless otherwise noted in the Event Contract.

A deposit will be required along with a signed contract to confirm your booking.

The deposit amount will be processed upon receipt and will be credited to your final bill. The deposit is non-refundable. Spa services spots will be held a maximum of 10 days.

INSURANCE RECEIPTS

Receipts are available for individual massage services which are being paid for by the guest for reimbursement under many benefit plans. If the charges go to a master bill, insurance receipts will not be issued as per CMTO regulations.

SPA ETIQUETTE

Check In: Please check in at least 30 minutes before your appointment. If using our Water Therapies™ allow additional time before your treatment. **Please be on time.** Late arrival will result in a shortened appointment.

Medical Questionnaire: All guests are required to complete a general medical questionnaire as per provincial law.

Environment: Please help us to preserve a tranquil environment by lowering your voice and turning off all electronic devices.

What to Wear: A robe, footwear and a secure place to store your belongings are provided. If you will be enjoying our Water Therapies, please bring a swimsuit. Swimsuits and/or robes are worn in common areas outside of change and treatment rooms.

What to Bring: Almost everything that you need is here. Please remember to bring your swim suit, hairbrush, cosmetics and any other toiletries you may need.

CANCELLATIONS

We require 3 weeks (21 days) notice to cancel any group booking without penalty. Cancellations made 15–20 days prior to the scheduled event date will receive their deposit in the form of an Elmwood Spa gift card. If cancellation occurs within 14 days prior to your event, full payment (100%) for services, food and beverage will be required.

FREQUENTLY ASKED QUESTIONS

Is there a charge to use the space?

There is no charge, provided the minimum food and beverage expenditure is met.

Do you supply audio-visual equipment?

We have a screen and projector on site, which can be used at a minimal fee. We also have a preferred supplier for any audio visual requirements.

What items are included?

Candles, white linens (Terrace Restaurant), tables, chairs, printed menus.

How are beverage costs managed?

All beverages are charged based on consumption, plus gratuities and applicable taxes. We do not offer any bar packages.

Can menus be customized for my event?

Yes, we are happy to work with you to customize food & beverage offerings.

Is parking available?

Please inquire with a contact centre representative or on our website for detailed parking information.